Kim Patch 5/16/18 kim@scriven.com PatchonTech.com @PatchonTech

Here's the full text of the talk I gave at AccessU on May 16, 2018.

Everything in bold is a speech command – the commands I was using to control my computer and give demos during the talk.

Feel free to tell me what you think!

Slide 1

AccessU, May 16, 2018

Including Speech Input Users: What's frustrating, what's needed - 2018 update

> Kim Patch 617-325-3966 kim@scriven.com patchontech.com @patchontech redstartsystems.com

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#### Function 5 Slides Touch

Slide 2



First, I've got some questions for you:

Are there any developers here?

Who has tried speech input on the desktop? Who uses it regularly, or trains people on it regularly?

Who uses it not only for dictation but also for command-and-control? Anybody use it hands-free? How many people have tried it and wanted to use it but dropped it? Why?

Anybody know anyone who uses it hands-free?

Who has been frustrated by desktop speech input? Who's seeing someone else be frustrated by desktop speech input?

Who uses speech input on a smart phone? Who uses speech input regularly on a smartphone?

Does anyone use InTag, now known as VCLite? Does anyone use Utter Command?

Does anyone use speech in conjunction with a pointing device? Does anyone use or recommend a wacom, tablet? Other pointing devices?

Slide 3

# My Background Journalist Speech input user since 1994 (Kurzweil, then Dragon Dictate starting with the first version for Windows) Largely hands-free for about five years, now I use a mix of speech and Wacom tablet Redstart Systems, speech input training W3C – standards Tools for journalists

Here's a little bit about my background.

My original profession was journalism. I got repetitive strain injuries from typing way too much. I got hurt just as speech recognition was available on the desktop in the mid-90s.

I used Kurzweil first, then DragonDictate starting with the first version for Windows. I was badly hurt and over the course of a couple years realized that I had to be completely hands-free on the computer in order to get my hands back for doing things like playing music.

I was happy with the way Dragon let me get words on the screen, but very unhappy with the inefficiency of speech input for command-and-control for things like navigating, moving windows around and traversing the web.

I wrote an extensive set of macros that eventually turned into an add-on for Dragon, called Utter Command, that made controlling the computer more efficient. First I had to build the scaffolding – the command-writing commands that, in turn, let me write commands hands-free.

I used Dragon largely hands-free for about five years. I started writing again. And my hands got better enough so I could start playing music again – I'm a fiddle player for a band that plays out regularly.

I still don't type. My keyboard lives on top of my computer under my desk. I'm sometimes hands-free and sometimes I use a combination of speech and the Wacom Art Pad tablet.

I've trained a lot of Dragon users – both hands-free and with the Wacom tablet combination.

I've been an invited expert with the W3C accessibility initiative for the past nine years – one of the things I try to do there is make sure speech user's concerns are included.

And circling back around to where I started, I'm now doing a project that has to do with tools for journalists: interactive transcripts and efficient transcription, including judicious use of automatic speech recognition for transcription. What's interesting about that project – a mainstream project. Is we've tapped two different accessibility programs for mainstream use because they worked better than anything else we could find. Feel free to ask me about that later.

Slide 4

Speech Input Users	
Keyboard/mouse use is	
Painful and/or Difficult and/or Slow	
Need to use speech for both dictation and command-and-control	
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The speech input users I train use speech because using the keyboard and mouse is painful, difficult, slow, or impossible.

As I mentioned, speech input can be useful – and is fairly easy to use out-of-the-box – when all you want to do is speed typing.

But people who have trouble using the keyboard and mouse need to use speech both for dictation and for everything else. The everything else is the tricky part – full command and control means being able to navigate and make changes to text, navigate webpages including forms, work any type of control, move and size windows, and move among windows.

# 1. Desktop Speech Input

- Focus poses special problems
- Single letter shortcuts are terrible
- Cognitive load
- Quirks
- Dragon's HTML support
- Used well, speech is a great input method

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I have six main points to make about desktop speech input, and I'll go through these one at a time in detail.

We'll talk about focus and how it poses special problems for speech input users.

We'll spend some time on single letter shortcuts - I'll show you why they're so terrible for speech users and some things you can do to mitigate that.

I'll also talk about cognitive load – paying attention to cognitive load is the key to unlocking the potential of speech input.

I'll detail a couple of key rough edges that Dragon has – quirks like the double letter problem and issues with speech on the web.

And, even though the first five bullet points on this slide are somewhat negative, I'm also hoping to point out that speech input, used well, can be worth much more than the trouble it causes.

After I talk about these issues I'll do some demos on my laptop that touch on them.

Slide 6



And after that, I'll touch on speech on mobile. There's the speech button on the keyboard, and the agent – Siri on iOS.

We'll talk a little about making the best use of speech on mobile, what's missing, and what's needed.

# Equipment

- Relatively fast computer (i7 processor, 16 GB of memory, 1 TB solid-state drive)
- Dragon 15 Professional Individual (\$300)
- Good noise canceling microphone (Sennheiser ME 3) and USB soundcard pod (Andrea Pure Audio USB-SA Adapter)

So before we get back to desktop speech input issues I'm going to take a couple minutes to tell you about the computer I'll be doing demos on. This is a Lenovo Carbon X4 laptop – it's light – 2 ½ pounds, but it's fairly powerful, which it needs to be to handle speech well. It has an i7 processor, 16 gigabytes of memory, and a 1 gigabyte solid-state drive.

Speech input takes a lot of horsepower on top of whatever else you are doing. It starts slowing down – meaning it takes more time for every command – if you don't have a fast enough machine. This can be extremely frustrating for users.

There's a key thing to know about solid-state drives – they are fast, but only if they are less than half full. A solid-state drive will start taking more time to access any given piece of information if it's more than half full. The way Dragon works, it frequently accesses the drive. So it's important – especially for Dragon users – to just think of the drive as half the size it is and keep it at least half empty. My recommendation is to keep it no more than 45% full. So my advice is to get a large solid-state drive and if you need more than half the space on it make use of portable drives.

A good noise-canceling microphone plugged into a USB soundcard pod is important for three reasons. It gives the speech engine a cleaner signal so the engine can more quickly decipher the words you are saying.

It allows you to speak relatively softly. And it filters out background noise so you can use speech when, for instance, there's an air conditioner humming in the background, street noise drifting in from an open window, or a soft – or even loud – buzz in the room from some other equipment. It even allows you to use speech in a mildly noisy environment like a café.

The most important thing, though, is it gives the user a more consistent experience – it works pretty well everywhere rather than working well and then suddenly making many more mistakes and you don't know why because you've tuned out the noise of, say a clothes dryer running on a floor below you. This inconsistency can drive you crazy. I have personal experience with this. It took me about six months to figure out that starting a dryer on the first floor of my house meant I was going to have a horrible experience on the second floor with speech.

SpeechRecognitionSolutions.com is a good place to get a microphone – they test microphones and USB soundcard pod combinations with Dragon.



I should also mention that I'm using Windows – it's Windows 7. Windows 10 also works well with Dragon.

The Mac version of Dragon is not as good at command-and-control by speech as the Windows version.

There's also good, accurate dictation built into the Mac operating system, including a nice command for correction, but native Mac speech input also doesn't include good command-and-control. This is the same thing I said last year – unfortunately this hasn't yet changed.

One reason the Mac version of Dragon isn't as good with command-and-control as the Windows version is the two versions were developed separately – the original developer licensed the Nuance engine, then Nuance later acquired that company.

The main problem with the Mac version of Dragon – this is something I regularly complain to Dragon about and encourage others to do so as well – is when you write a speech command you can't include a variable.

For instance, it's useful to be able to say a number and then "Down" to click the down arrow a certain number of times all at once. Using the Windows version of Dragon I can use the variable 1-100 to write a single macro for "1 Down" and "2 Down" and "3 Down" etc. – all 100 commands. On the Mac I've just enabled 1-10 Down, and it's 10 separate commands. Consequently I have a much smaller custom command set for the Mac.

The Mac version of Dragon also can't handle mixed input well in some programs. If you use the mouse or keyboard to change the cursor position Dragon loses track of where the cursor is, and your dictated words may be inserted at the wrong place.

Another complication is it's not easy to switch back and forth between the Mac and PC versions – because the Mac version of Dragon was developed by different company the commands are worded differently. You can fix this with custom commands, but it's not easy to switch back and forth out of the box.

I want to use speech on the Mac. I support some Mac Speech users who are using Mac Dragon or the native speech built into the Mac, I'm watching how the native Mac Speech input is developing, but that hasn't changed much since last year. I also think Apple is doing some key things right with speech on mobile – more about that later. But currently the most powerful way to use speech hands-free is on Windows. That's what I'm going to demonstrate.



While I'm talking about hardware I'll mention two more things that speech users sometimes use and I find particularly useful. I occasionally find myself in a face-to face meeting where I have to take minutes. I have a Talk Technologies SR Pro-1 Stenomask microphone for that. This was made for court reporters. It's not as comfortable as the headset microphone, but it does what it needs to – lets you speak silently – just about, and with pretty high accuracy. This works with computers and also smartphones.

The Wacom Art Tablet is a mouse device I sometimes use in conjunction with Dragon. When I do a remote call with a user I can't always use speech on the remote machine. It's also a useful backup when I'm on the phone and want to limit muting for speech.

There are two key things about the tablet. Mouse positioning is absolute rather than relative, meaning the rectangle of the tablet maps to the rectangle of the screen. So you simply put the pen wherever you want the mouse to be – touch the center of the tablet and the mouse is at the center of the screen. You don't have to look for the mouse and then drag it from there – you just point to where you want the mouse to be. This means far fewer mouse movements. This is better for people who may find it hard to use a mouse because you don't have to move it as much. You can also change the size of the rectangle it maps to to limit shoulder movement. You can rest your hand on the tablet as if you are writing, with the pen just above the tablet, but not touching.

You can click by touching the pen on the tablet, but I often don't use that – it's a little harder on your hands to click than to just move. I can move the mouse using the tablet and click using speech. And often the click command is combined with something else. (I use the word Touch because it's easier to say than click – more about that later.) So, to click the mouse and paste I would say, "Touch Paste".

Absolute positioning is also especially useful for folks who have vision problems, because you don't have to find the mouse to move it.



So, back to desktop speech input issues.

Focus poses special problems.

Slide 11



This is because speech input has been added on to an existing keyboard-and-mouse means of communicating with computers.

Mouse users automatically focus everything they do – the act of moving the mouse changes the focus. If you're using a pointer device or touch input, changing the focus and clicking is a package – you can't click on something you're not focused on.

Speech users, and to some extent keyboard-only users, are much more prone to user error when the focus isn't where the user expects it to be.

What's legitimately not working because the focus is wrong seems to the user like it's broken.

Are there any web developers here? I'll mention what web developers can do for each of these problems – if you're not a web developer it's important that you ask web developers to do these things – bother them incessantly if you can.

(So for this one there's nothing special developers have to do for speech users here – but it's important to be really careful in following standard practice for focus and keyboard shortcuts.)

# Keyboard Shortcut Standards

- General navigation
   Predictable Tab order
- Subsections, menus and trees – enable Up/Down/Left/Right, Enter
- Drop-down lists

  enable multiple letters to navigate, Escape

  Checkboxes and radio buttons

  Eachle Space to to apple

Enable Space to toggle

Keyboard shortcuts are important for speech input users because we either speak them or use native speech commands that call them.

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Here are the key keyboard shortcuts.

For general navigation predictable Tab order is important.

For subsections, trees and menus it's important to enable Up/Down to navigate, Left/Right to navigate or collapse/expand and Enter to activate.

For trees and menus and drop-down lists it's important to enable multiple letters to navigate and for drop-down lists it's important to enable Escape to close the list.

For checkboxes and radio buttons it's important to enable Space to toggle.

Slide 13



Something else that helps speech users – and makes computing more efficient for everyone – is keeping scrolling to a minimum.

(The keys for developers are to provide large drop-down menus – use the available space rather than having users do extra scrolling. And where appropriate use navigation links to give users a better mental map and fewer steps for back-and-forth navigation.)



So the solution for the focus problem is to hold developers to good design practices.

Slide 15



Single letter shortcuts don't work for speech users, because our currency is strings of letters – we say everything in words.

Slide 16



Single letter shortcuts are dangerous for speech users because it's easy to accidentally say a whole string of keys when the focus is in the wrong field.

If Dragon interprets a stray noise as a word, or if you accidentally try to dictate when the cursor isn't in a text field, or if you say something when you think the microphone is off and it isn't, or if someone walks in and says something that's picked up by the microphone before you can turn it off -- you can trip a whole bunch of single letter shortcuts. Lots of things can happen at once that aren't so easy to reverse. And sometimes it's difficult to track down the string of things that have been done and undo them.

In terms of how likely Speech input users are to be affected by this issue, I like to use the metaphor of having a 10-foot-deep hole in the middle of a conference room and telling people to just avoid it rather than putting a railing around it. It's obvious that this is not good because at some point someone's going to fall in.

Even though I've been using speech input for a long time, if I'm using a program that has single letter shortcuts I know something's likely to happen to trip a string of them at some point. For any of a half-dozen reasons, I'm going to think the focus is somewhere it's not, or I'm going to think the microphone is off when it's not, and I or someone else is going to say a phrase that the computer will then interpret and I'll have to unravel.

Keeping vigilant enough to avoid this most of the time drains brainpower.

For less experienced users it's much worse. Something goes wrong and they don't know what happened, sometimes even if they're aware they are using a program or web app that uses single letter shortcuts. I've many times had to explain that it's not actually broken, it's just accidental activation of single letter shortcuts.

This is no less of a problem than it was last year, but – after I fully explain this I'll have some better news than I did last year in terms of hope for the future.

Slide 17



So, here are the single letter shortcuts for Gmail.

I like to use the example "Hey Kim". Those six letters cause a lot of trouble. Three of them do things. E archives a message; K moves the cursor down one, and M mutes.

If you're bored and you have a Google account you don't care about try turning on Dragon and saying a long phrase into your inbox, and then try to figure out the damage. Anybody named Mike here? Any phrase that includes Mike is going mute a conversation, go to a new conversation, then archive it.

So now you have a new party trick. You can also try this out in Yahoo mail, and off-line, in Thunderbird. Twitter, Facebook Google Docs and WordPress also have single letter shortcuts.

Single key shortcuts also stymie some keyboard users who have mobility problems, and might accidentally hit keys.

So these are a big problem for a couple of different user populations. At the same time the shortcuts are useful. They speed up some keyboard users.

So the question is how do we accommodate everyone?

Slide 18



Google Docs also has single letter shortcuts. It's easier to demonstrate this problem in Google Docs because then I don't mess up my email.

This shows how, with the focus in the wrong place, a single word or phrase can trip several single letter shortcuts in Google Docs.

I have a short video that shows this. There are two examples.

In first one, the phrase "I have an idea" opens the information dialog box, opens a drop-down, and changes the document list from a list to tiles.

In second one, the single word "dead", opens the information dialog box and opens a Google drawing in a new window. Audio: "Dead"

Single Key File https://youtu.be/xzSyIA4OWYE



Here's an example of a single word tripping a couple of single letter shortcuts at once on Twitter. The word is

"James"

#### Single Key Twitter File Https://youtu.be/OPjfpDU9S08

Slide 20



Let's go back to Gmail. In Gmail you can turn off keyboard shortcuts in in Settings – the General tab (click on the gear in the top right and choose Options).

We're switching back to Gmail because I can't show you a way to turn off single letter shortcuts in Google Docs or Twitter because you can't – in many programs and web apps, including Google Docs, Twitter, Yahoo and Thunderbird, you can't avoid the single letter shortcut trap.

Being able to turn single key shortcuts off removes the dangerous commands, but simply turning them off is not a perfect solution. It takes away the danger but leaves you without the commands.



Fortunately Gmail addresses this in a better way as well.

It's a good thing, because there are a lot of single-key shortcuts.

To do this you make sure keyboard shortcuts are on.

#### Slide 22

Gmail	Settings	\$.
Settings/Labs	General Labels Inbox Accounts and Import Filters and Blocked Addresses Forwarding and POP/IMAP Chat Labs Offline Themes Keyboard Shortcuts	
You can change the single letter shortcuts in Gmail	Gmail Labs: Some crazy experimental stuff.         Gmail Labs is a testing ground for experimental features that aren't quite ready for prinetime. They may change, break or disappear at any time.         If (when) a Labs feature breaks, and you're heaving touble loading your inbox, there's an escape hatch. Use https://mail.google.com/mail/u0/Plabs=0.         Search for a lab:       e.g. search, gadget, preview.         Search Changes       Cancel	
	Enabled Labs	
	Amme         Herican         Custom keyboard shortcuts           training         F         by Alan S         by Alan S           training         F         Lets you customize keyboard shortcut mappings. Adds           training         F         a new Settings tab from which you can remap keys to	<ul> <li>Enable</li> <li>Disable</li> </ul>
	various actions.	22

Then go to the Labs tab in settings, scroll down to find custom keyboard shortcuts, and click enable and save changes – it will then show up at the top in the Enabled Labs section like this. Once you do this the Keyboard Shortcuts tab will show up in Settings.

Gmail	Settings				¢-
Catting and	General Labels	Inbox Accounts and Import Filters and	Blocked A	ddresses	
Settings/	Forwarding and PO	P/IMAP Chat Labs Offline Themes	Keyboard	Shortcuts	
Keyboard Shortcuts	Current keyboard	Action	Key(s)		
	shortcut mappings:	Compose	c	or	
	(These mappings overwrite	Compose in a tab	d	01	
	the default shortcuts)	Search mail	1	or	
		Back to threadlist	u	or	
		Newer conversation	k	or	
Vou con		Older conversation	1	or	
rou can		Select conversation	x	or	
change		Toggle star/Rotate among superstars	s	or	
change		Remove label	У	or	
Cmail'a aingle		Mute conversation	m	01	
Griai s single		Report as spam	1	or	
letter.		Delete	n	or	
letter		Previous message	p	or	
a la subscribe		Next message	n	or	
SNORCUIS		Reply	0	OF	
		Reply in a new window	R	or	
nere		Reply all	a	or	
		Reply all in a new window	A	or	
		Forward	5	OF	
		Porward in a new window	P	OF	

This tab allows you to change each single character shortcut in Gmail.

Slide 24

Gmail	Settings				¢.
	General Labels	Inbox Accounts and Import Filters and	Blocked Ad	Idresses	
Settings/	Forwarding and PO	PIIMAP Chat Labs Offline Themes	Keyboard	Shortcuts	
Kovboard Shortcute	Current keyboard	Action	Key(s)		
Reybuard Shuricuis	shortcut	Compose	*C	or	
	These mappings:	Compose in a tab	+d	or	
	The default shortcuts)	Search mail	+/	OF	
		Back to threadlist	+u	OF	
		Newer conversation	+k	or	
Keyboard		Older conversation	+j	or	
Roybourd		Select conversation	+X	or	
shortcuts with		Toggle star/Rotate among superstars	+S	OF	
Shortouts with		Remove label	*y	or	
added "+"		Mute conversation	+m	or	
added		Report as spam	+1	or	
		Delete	+#	or	
		Previous message	+p	or	
		Next message	+n	OF	
		Reply	+1	or	
		Reply in a new window	+R	or	
		Reply all	+a	or	
		Reply all in a new window	+A	or	
		Forward	+1	or	
		Forward in a new window	+F	or	
		Search chat contacts	+q	or	2

Here's how I use this ability – I put a "+" in front of every command. This takes away the danger of shortcuts being activated when I say a phrase. I can still use these by saying, for instance, "Plus Charlie" to return "+c".

And I can still use Google's help to look up a shortcut. I just have to remember to add the plus. If I want to spend a little more time on this I can write custom macros to enable native speech commands like "This Reply", "Reply All", "Reply New Window".

This takes some time, and requires me to keep up with changes in the software, but it works.

Notice the "or" column. Google lets you enable two sets of shortcuts at once. This is useful in theory – you might have two different people using the computer who might want different types of shortcuts. But it's not useful for speech users unless you can toggle between the two types, and there's no toggle button. So if a keyboard user wanted to use the standard shortcuts on my computer, it would be a tedious job to enable that.

So there are a couple of things that could be done better. One, it's great to have a couple of shortcut sets at once, but we need to be able to toggle them off and on separately. Two, the ability to import and export command sets would save users lots of time. If I could hand you a file to import instead of advising you to sit down at the computer and carry out the tedious task of putting a plus in front of every command, that would be better. There are a lot of shortcuts – this is just the first page of them.

But the best ability for speech input users would be a shortcuts column that allowed up to 25 characters for each command. Then, instead of changing the shortcut, then writing a custom macro in the speech input program attaching a couple of words to the shortcut "+ c" I could instead put the native speech commands here. And keeping up and sharing speech commands would be easier. And this would enable any speech engine you're using – not just Dragon.

Slide 25



WordPress also provides single letter shortcuts with a thoughtful solution for everyone. The only single letter shortcuts in WordPress are in comments, which really save keyboard users time. There are other ways to carry out all these actions.

Slide 26

WordPress: Comments Shortcuts Toggle			gle	
	Profile Personal Options			
	Visual Editor	Disable the visual editor when writing		
Checkbox Toggles off	Admin Color Scheme	C Ectoplasm	© Light © Midnight	
shortcuts for comments	Keyboard Shortcuts	Enable keyboard shortcuts for commer     Show Toolbar when viewing site	nt moderation. <u>More information</u>	
				26

And you can turn them off.

### Single Letter Shortcuts Are Unworkable

#### Solutions:

- Better-than-nothing: way to turn off single letter shortcuts
- Better: way to remap shortcuts to include a symbol
- Great: way to remap shortcuts to include up to 25 character keys, including a sharing mechanism

So the solutions for single letter shortcuts are straightforward.

Slide 28



But many programs that use single letter shortcuts don't let the user adjust the shortcuts.

So if you're a developer, you now know what to do, and if you are not a developer, you've got the information you need to complain about this as loudly as possible.

Single letter shortcuts are dangerous for folks with mobility issues, and a disaster for speech users.

So here's the good news – our complaints have been heard – this is now a WCAG 2.1 success criterion. There is still a lot of complaining to do, of course, to get developers to make sure to follow it.

#### Character Key Shortcuts Guidance

If a keyboard shortcut consists of only letter, punctuation, number or symbol characters, users must be able to turn off and/or remap that shortcut.

(This doesn't affect shortcuts for user interface components like drop-down lists that are only active when that component has the system focus)

The guidance is, if web developers provide shortcuts that use character keys, which are good for keyboard users, they make sure users who don't want them – like speech users – have a way to turn them or, even better, remap them to a shortcut that's more appropriate for that user.

What's on the slide isn't the exact wording because that wouldn't fit. But this is the gist of it.

Here's the exact text of the proposed guideline as of 2018-05-09 https://www.w3.org/TR/WCAG21/#character-key-shortcuts

If a <u>keyboard shortcut</u> is implemented in content using only letter (including upper- and lower-case letters), punctuation, number, or symbol characters, then at least one of the following is true: Turn off A <u>mechanism</u> is available to turn the shortcut off; Remap A mechanism is available to remap the shortcut to use one or more non-printable keyboard characters (e.g. Ctrl, Alt, etc). Active only on focus The keyboard shortcut for a <u>user interface component</u> is only active when that component has focus.

Slide 30



It's important to think about cognitive load no matter what you are doing. But with speech, cognitive load is inherently high.



Speech input has a lot of promise because there's no real estate problem. The keyboard is limited by real estate – it has a limited number of keys. Mouse and touch input have just a few actions each – a few kinds of clicks and drag, or one or more types of presses and some gestures. So to get enough commands you have to go through several steps – often levels of menus.

Speech input has no physical real estate limit like the keyboard, mouse and touch. This is great! But there's another limit.

Instead of being limited by the number of actions you can carry out, you're limited by the number of actions you can easily remember.

This is why speech users sometimes complain that their brains hurt at the end of the day. Thinking of what to say to command the computer is work.

Slide 32



It's important to be consistent with commands So they become habit So you can lower cognitive load

Dragon's commands tend to be inconsistent – you get lots of ways to do something – for instance 24 ways to go to the end of the line. The best thing to do is pick one way and stick with it.



Another tool that mitigates the cognitive load problem is VC Lite. It's gotten a bit better since last year, and it also changed its name. It's a third-party tool that numbers elements and links. All you have to do is say the number. Saying what you see is cognitively easier than remembering a command. I'll come back to this later.

Slide 34



So the keys to limiting cognitive load are using efficiently and consistently worded commands and also using numbered links and elements to give yourself a break from having to think of commands.

Slide 35

# Desktop Speech Input: Issues Focus poses special problems Single letter shortcuts are unworkable

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- Cognitive load
- Quirks

Slide 36



Dragon still has some major quirks.

Slide 37

Quirk	Demos	
"Notepad Open" "Size 50" "Cap Twenty-five"		
	Double Character Demo.mp4	37

It often picks the wrong homophone, even when it seems obvious that it shouldn't.

Say "Cap Twenty-five" and Dragon will return numeral "25" Let me show you.

Notepad Open Size 40 Cap Twenty-five Window Close · Right Enter

And it sometimes returns double characters.

Most of the time I use two factor authentication in Google, the first number comes out double. So I have to notice this, and then go back and delete the first number. Here's what happens – and how I correct it.

Double Character File https://youtu.be/OPjfpDU9S08



The solution to Dragon quirks is just to know them, and keep complaining to Nuance.

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# Desktop Speech Input: Issues

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- Focus poses special problems
- Single letter shortcuts are unworkable
- Cognitive load is key
- Quirks
- Dragon's HTML support

Dragon's HTML support has some quirks as well.

Slide 40



There is an inherently bad choice in the way Dragon enables speech users to click links. Users are either prone to accidental clicks or have to say the word "click" an inordinate number of times throughout the day. Click is a particularly bad choice for a frequently used speech command because it's hard to say.

Dragon also enables hidden commands, which are prone to being accidentally invoked because it's hard to avoid what you don't know is there.

And if you want to use Dragon's mouse solution as an alternative it's very slow going. It takes several utterances to do a single mouse click.

Slide 41



Dragon has always allowed users to click links by saying any words or combination of words contained in the link.

The problem with this mechanism is, especially on pages with lots of links – you can easily accidentally click links if you happen to say any word or combination of words in any of the links (with a pause before and after it). Dragon/Options/Commands gives you the option to proceed any of these commands with "click". Click around a website for 10 minutes and you'll grow very tired of saying "click". It's a word that's especially hard on your voice. Try saying it out loud a few times (you're using the back of your throat and it gets tiring. Dragon also uses click to click the mouse. You'll hear me saying "Touch" instead of "click" when I'm controlling the mouse by speech – you say that word using the front of your mouth and so it's easier to say a lot).

I wish I could say that Dragon has, over the past 20 years listened to user complaints about this enough to give us an option to use another word rather than "click", but I can't. They haven't.

My solution, is to use the third-party tool VC Lite to click links. Saying numbers is cognitively easier and you'll save your voice.

Utter Command also contains a mouse tool that lets you click anywhere on the screen using a single command, as if the screen is a 100 x 100 grid. I use both.



Starting in version 13, Dragon added ARIA support, but there's an inherent problem with enabling spoken labels that might be different from what's visible on the screen.

This means some commands that speech input users can say can be hidden. The concept of a hidden command isn't so much a problem for other means of input because you don't usually go pressing key combinations randomly, and if you do, you're aware of what keys you're pressing.

However, if you pause before and after a group of words that makes up a command, the speech input engine returns the command, not the words. This is the way speech engines generally work, and it generally works really well, especially with a well-scoped command set. But if you have a whole bunch of hidden, extra commands, and worse yet, commands made up of words that you're likely to use to input text on that page, it becomes easy to unexpectedly click a hidden command.

And when this happens it can be difficult for users to tell what happened – maybe it's a link and the user is whisked off the page. And if the user does get back to the page sometimes text they've entered is gone. So hidden speech commands are minefields.

The current choice for the speech input user is to enable web commands that include a bunch of hidden commands, enable the commands with a preceding word like "click", which is hard on your voice, or turn off the ability to click links by speech. Given these choices many users turn off these commands. I have them off now.

If I turn them on, and happen to say any isolated word or phrase contained in one of what might be as many as 100 aria-label tags on any given webpage, something unexpected would happen. Whatever might happen is usually not a disaster, and sometimes it is.

# Dragon's HTML Support

#### Solutions

- Use a command set that's well scoped, and well understood, which means no live hidden text
- Use VC Lite (Intag) instead

If the user is doing fairly simple things infrequently– just clicking a couple of things on a webpage, the simple choice is to make sure the preceding click option is turned on and use that.

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But for most users, I recommend turning off Dragon's HTML support and using VC Lite (Intag) and the Utter Command mouse tools.

Slide 44

# Desktop Speech Input: Issues

- Focus poses special problems
- Single letter shortcuts are unworkable
- Cognitive load
- Quirks
- Dragon's HTML support
- Used well, speech is a great input method

Now that I've outlined the issues, I'll show you how it's possible to tap the strengths of speech input and avoid the pitfalls.

Slide 45



I'll show you some demos. Again, I'm using Dragon NaturallySpeaking Pro on a fairly fast computer – an i7 processor, 16 gigabytes of memory, and a solid-state hard drive that I keep at least half empty to keep it running fast. And I use a particularly good noise cancelling microphone, the Sennheiser ME 3, plugged into a soundcard pod.

And I'm using the two third-party tools I've mentioned, VC Lite (Intag), which numbers elements and links, and Utter Command, which is consistently worded and allows for command phrases.

I should also mention that some of the VC Lite commands you'll hear are reworded to be consistent with the Utter Command style wording. This wording style is consistent, concise and follows the order of events.

Slide 46



Here's more detail on the speech input tools I use. The demos will include all these methods.

Utter Command allows you to speak mouse coordinates based on a  $100 \times 100$  grid – a single command places and clicks the mouse – this is much faster than Dragon's MouseGrid, which requires multiple steps.

VC Lite numbers active elements on the screen, including links on webpages.

I use a second Utter Command mouse tool – the ability to name a mouseclick. This takes set up, but speeds actions that you might use frequently that require clicking, then clicking again – like choosing from a drop-down. You can use this to quickly change colors in Google documents and Word.

Utter Command also allows you to speak keyboard shortcuts in phrases. This takes advantage of existing knowledge. It saves steps and lowers cognitive load.

Utter Command also allows you to maintain lists of sites, folders and files you go to frequently. These save steps.

You can also maintain lists of words you want to mix with Tab and Enter keys. You can also have different spoken and written forms – these also save you steps.

One thing Dragon does really well is search. I'll show you that too.

[The traditional Dragon method of Web navigation is to say what you see – the names of controls or links. This method doesn't work for all controls and links. You either have to add "Click" before everything, which is hard on your voice, or, if you opt not to add "click" it can be dangerous because if

you're dictating text and happen to say the name of a link you'll suddenly find yourself whisked off to the link and when you come back the text you were working on may be gone, so I don't use this at all -I turn it off.]

Slide 47



So here's how the Utter Command Mouse commands work.

#### 1 Escape

#### Screen Clear

#### **Rulers** On

The screen is a 100 by 100 grid, so 50 by 50 would be the middle of the screen. It left-clicks clicks by default.

#### 50 By 50

#### 40 By 45

It works with the rulers on or off, and you can specify a different type of click in the same command **50 By 50 Touch Right** 

#### 70 By 82 No Touch

There's also a lower-tech helper for this – I have a paper set of rulers laminated and taped on two edges of my screen. They're always there when you want them and they don't take up screen space.

Slide 48

Demo: VC Lite Numbers	
Say what you see	
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And here's how the VC Lite numbers work

(VC Lite) Show Numbers Say a number to single click on that element # (Program) # (Folder) Notice the nice feedback – you can see the click happening. I'll do the same thing again. # #

Say a number followed by a mouse command to do more than a single click. You can say a number plus Touch Twice, Touch Right, Control Touch or Shift Touch.

# Touch Right # Touch Twice 1 Escape # Touch Twice (File)

On programs that are enabled, you can get a lot of link numbers. This is useful if you want to click around a program to see what's there or how things work.

#

1 Escape

#

Also notice that numbers don't appear on elements that are grayed out

1 Escape Window Close # By # There's a separate set of numbers on the taskbar. Task 2 # By # These are persistent – if you see these tags, VC Lite is running Window Close

VC Lite also lets you drag – you can put email in folders this way. I'll show you the drug function from the desktop.

# Drag To # Undo That Want to see that again? [Refresh numbers] # Drag To # Undo That

Even though you can easily turn them off, all the numbers can get busy. The other thing that Intag allows you to do is make your own overlays – you can only tag what you know you need so there are fewer numbers.

Hide numbers Powerpoint Open

Slides Touch



Picture a Web app that uses drop-down lists for color. You should be able to access these via keyboard shortcut and then use the up/down and enter keys to select a color, or via numbered links. If you can't, you have to use the mouse by speech. This is tedious. We do have a workaround, but this workaround requires set up, so it's only worth it to enable something you use a lot. This is the naming a mouse click workaround – to set it up I put my cursor on the places I need to click and name them beforehand. Once it's set up it's a pretty good workaround.

I'm going to show you this in WordPad. This method can be used anywhere, including in a word processing app like Google Docs. I'll change colors by speech a couple of times, then I'll add a bullet.

**Delta File** Window 0 By 0 Size 24 I want to bullet this line and make it red Left Backspace Right That last command was speaking a keyboard phrase to make a correction Watch the cursor – this next command is a named mouse click that clicks the Bullet icon **Bullet Touch** This Line This next command clicks twice – I'll do a few of these **Color Red Touch** Words I want **Color Blue Touch** Words and make **Color Gray Touch** Go End Line Delete Window Close

# **Demo: Command Phrases**

Speaking keyboard in phrases is more comfortable and efficient than single keys

Efficient wording makes phrases practical and lowers cognitive load

Keyboard phrases tap existing knowledge

Now we'll speed things up a bit. Utter Command enables you to carry out several steps at once. This is one of the things that makes speech input very powerful.

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After the first couple of commands you'll hear me speaking keyboard phrases – I'm just saying the keys in the order I'd press them. I'm using the alpha-Zulu alphabet for letters because they're better recognized that way.

Notepad Open Size 24 cap Fact Left Backspace Sierra Backspace · Right Echo Backspace Left · Backspace India End Exclamation Exclamation Times 5

Now I'll combine a couple of commands Window Close · Right Enter Want to see that again? First I'll do the steps separately. Notepad Open I'll add some text so it will prompt me to save Window Close 1 Right Enter Now I'll do it all at once Notepad Open I'll add some text so it will prompt me to save Window Close · Right Enter

You'll see more of this in the Forms demo, next



Here are the commands I just said.

Slide 52



I use a lot of combined commands to save steps - here's another example.

This works well when the tab order on pages where tab order is properly done.

#### 1 Escape Screen Clear

Demo 2 File Zoom In 2 2 Tab Kim · 1 Tab Patch 3 Tab Address · 2 Tab Boston 1 Tab Massachusetts · 2 Tab Zip 1 Tab Email · 1 Tab Phone Zoom Out 2 Now I want to move the cursor back up to the top to show you something else. There are several ways I can move the cursor. Right now I'll do it using UC Mouse. 21 By 20 Now, watch carefully – this is an example of speaking keyboard – I'm going to say 2 keys in a row Tab Delete I'll do the same thing again – watch the cursor Tab Delete Now I'll speed things up

#### Tab Delete Repeat 10

I used 13 speech commands to zoom in twice, fill out 10 fields, zoom out twice and delete 10 fields (it would have taken 53 steps by keyboard and mouse to do this not counting letters). This is where speech input can really get powerful -- but only if Tab order is predictable

[I mentioned before that I can also move the cursor back to the top different ways – here's by speaking keystrokes. Shift Tab Repeat 10 Shift Tab Repeat 2

#### Window Close · PowerPoint Open

**Slides Touch** 

Slide 53



Here are the commands I just said.

Slide 54



Now I'll show you how an experienced speech user might do basic Web navigation. Here I'm using a mix of numbers, Utter Command and straight Dragon.

Weather Site New York Times Site Screen Down Show Numbers Screen Down # 3 Screen Down Go Back Google Advanced Site Show Numbers 2 Tab Back

(Here are the Dragon search commands) Search Web for purple cabbage Show Numbers Screen Down Search Web for accessibility Show Numbers Document Close Times 5 Window Close

Slide 55

# **Basic Web Commands**

"Weather Site" "Seard "New York Times Site" "Show "Screen Down" "Scree "Show Numbers" "Seard "Go Back" "Show "Google Advanced Site" "Docu "Show Numbers" "2 Tab Back"

"Search Web for purple cabbage" "Show Numbers" "Screen Down" "Search Web for accessibility" "Show Numbers" "Document Close Times 5"

55

Here are the commands I just said.

The site and keystroke commands were Utter Command. The numbers were VC Lite. The 3 search commands near the end were straight Dragon.

Slide 56

The Power of Speech Undo	)
	56

Word Open Size 20 I'm doing this demonstration in Word, but it's applicable in any text field. Implement undo well, and you give speech users a superpower. I'm going to have to put down a little more text to show you the superpower period 7 Befores text to properly demonstrate the superpower period New Line Okay, I'm almost ready period New Line Just about there now period Line Delete New Line Almost there period New Line Very very close now. New Paragraph Okay, I'm ready period

7 Undo 5 Undo 20 Redo

Slide 57



I mentioned the Wacom art tablet as a mouse device.

Speech Input users with hand injuries often have more trouble clicking the mouse than moving the mouse. So we can use speech to do all the clicking.

One set of speech input commands that's useful here uses a single phrase to click the mouse and do something else, for instance, "Touch Paste".

Another set of commands does the same thing several times in a row, leaving time for the mouse to be moved in between, for instance "Touch Link Repeat 5".

#### What Developers & Designers Can Do

- Be predictable with Tab order
- · Follow keyboard shortcuts standards
- Provide good undo support
- · Limit scrolling
- Let users adjust, organize and share keyboard shortcuts

To summarize – here are the key things that designers and developers can do to make speech users' lives easier. If your developer – here's your list. If you're not a developer, here's the list to pester developers about.

Be predictable with tab order - the predictability enables us to use more sophisticated commands.

It's also important to provide good undo support. This makes it so a mistake isn't the end of the world.

In general follow keyboard shortcuts standards -- the less the user has to think about what web site or program she's using the more brainpower is freed up to do actual work.

If you're an app developer or designer, and especially if you use single key shortcuts, make sure to allow users to adjust the shortcuts. And if you include a facility to organize and share keyboard shortcuts, you'll save a lot of user time. If I could share my gmail shortcuts, and you wanted to try them out, for instance, it would be much easier to just load them instead of spending 20 minutes putting a plus sign in front of every single command.

Limit scrolling – this is good for everyone.

Slide 59



Questions about speech input on the desktop?

### 2 - Mobile

- Speech button on the keyboard
- What's Apple waiting for?
- Agent
- Agent strategies
- The command-and-control gap on mobile

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Now, I'll talk a little bit about speech on mobile. The examples I'll use here will be iOS. There's the speech button on the keyboard, and the agent – Siri on iOS.

Slide 61



First, the speech button on the keyboard.

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You'll see the speech button show up on your keyboard if you have it enabled in settings/general/keyboard.



The speech button shows up to the left of the spacebar on the system keyboard (some alternative keyboards don't retain the speech button).

When you hit the button a line appears that moves when you talk. Words appear on the screen. You can hit done when you're done or wait until it turns off automatically because there's a silence or enough time has gone by.

Slide 64

Dictating T	ovt	
Speak punctuation, line and paragraph commands without pausing. Example: This is a grocery list period did I	Back Done January 13, 2015, 639 PM This is a grocery list. Did I leave anything off? Carrots Cheese Peanut butter	
leave anything off question mark new paragraph carrots new line cheese new line peanut butter	Dane	64

Dictating is basic on the iPhone. You can speak punctuation, line and paragraph commands, but you can't make changes or corrections by speech.

Speak punctuation, line and paragraph commands without pausing and you'll speed things up. If you say the words in the example you get what appears on the screen in the image.

[Example:

This is a grocery list period did I leave anything off question mark new paragraph carrots new line cheese new line peanut butter]

Recognition has gotten really good, but Apple still hasn't given us a way to correct text by speech – that still has to be done via touch. Starting with the iPhone 6s – three rev's back – you could dictate without having to be connected to the Internet (you can test this by putting your phone in airplane mode and trying to dictate). This was good news – now that the speech engine software resides locally on the iPhone, it is in theory easier to do correction commands.

# Mobile

- Speech button on the keyboard
- What's Apple waiting for?

So my question to Apple is "when are we going to be able to correct using speech input?" Unfortunately this is the same question as last year – Apple is still waiting.

Slide 66

# Dear Apple

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66

Now that we can use speech input on iPhones and iPads without having to be connected to the Internet, we need to correct text by speech. How about adding my favorite Mac dictation correction command "Replace X with Y"?

Since Yosemite, Mac users have been able to correct by speech using the excellent correction command "Replace X with Y". We need that on mobile. If you agree, this is something to pester Apple about – more about the pestering part later.

Slide 67



You can also use speech on mobile through an intelligent agent - on the iPhone, Siri



This works if Siri is enabled in Settings/General/Siri

Slide 69

Summon Siri with a Long Press

- Hold the button while you speak, release when you're done. This is quicker and also lets you take your time with a query
- Or hold until you hear the Siri beep, release, then speak. Siri will sense when you're done – or press the button again when you're done

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There are two types of Siri long presses. The first one is quicker, the second one is probably easier on your hands.

[Demonstrate: Hi Siri are you there]

Slide 70



[You might've noticed there was space between the Siri beep and when I started talking.]

It's important to speak only after you hear Siri beep, and not anticipate things and speak too soon. Otherwise your message may be clipped.

If Siri doesn't hear the first word or the first piece of the first word your command is likely to be interpreted incorrectly. This is probably the most common cause of errors.

Slide 71



So does it matter how you talk to smartphone agents like Siri? It does.

Slide 72



There are two types of things you can say to Siri.

You can ask a question, and based on your question, Siri will decide what to do - a web search, Wolfram Alpha search or do something with an app.

Or you can issue a command that directs Siri to do something more specific.

Both types are useful.

It's a good strategy to direct Siri more closely when you can because you can be more methodical in your wording, which makes good things happen for both Siri and you. Methodical commands are well recognized. And they become habit for you, which lowers cognitive load.

# **Command Wording**

- · It's important to be consistent with commands
- So they become habit
- · So you can lower cognitive load

Consistency = habit = easier

This slide should look familiar. It doesn't matter whether you are on a desktop or mobile phone. Your brain works the same way.

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It's important to be consistent with commands So they become habit So you can lower cognitive load

Although Siri is advertised as an input method that you can say anything to, strategic use of words makes Siri more likely to do what you want rather than spit back something that makes for a good joke.

It also makes you more likely to use Siri because you'll repeat what actually works.

Slide 74



You can think of Siri commands in three categories - open, show and action.

Open commands simply launch an app.

[Unfortunately, this still doesn't work for home screen icons that you add – for instance a direct link to a website that you've added by clicking on the share button and choosing "add to home screen".]

Show commands get you a deeper view of some key apps.

And action commands let you do something in an app.



Your mileage may vary, but this is a good set of open and show Siri commands to start with. A note about the syntax – slashes show choices, angle brackets are descriptions of what you can say.

Practice using these commands with this wording until it becomes habit, and you save steps throughout the day.

Here are some examples that follow these patterns:

Slide 76

Open and Show Commands Examples Open Safari Open Settings	S
Show Calendar Show Alarms Show Email January 5 Show Email from Eric	
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Open Safari Open Settings

Show Calendar Show Alarms Show Email January 5

Show Email from Eric

Action Commands Syntax				
Reminder <anything> Note <anything> Add to Note · <anything> Alarm <time> AM/PM Timer <time> Nearby <anything> Directions Home/<anywhere> Search Web/Wikipedia · <anything></anything></anywhere></anything></time></time></anything></anything></anything>	Call <name> home/work/mobile Message/Email <name> Message/Email <name> · <anything> <any measure=""> in <any measure=""> <anything> in <any language=""></any></anything></any></any></anything></name></name></name>			
Reminder/Calendar <time> AM/PM · Reminder/Calendar <time> AM/PM to Reminder/Calendar <time> AM/PM ne</time></time></time>	<anything> morrow · <anything> xt <day>/<month> &lt;#&gt; · <anything></anything></month></day></anything></anything>			
	77			

And here's a good set of action commands to think about.

The dots mean you can stop in the middle so you can do this as one command or as two. This is useful for learning.

Slide 78

Action Command Examples			
Note don't forget to talk about notes Add to Note talk about reminders too Reminder make sure to mention alarms Alarm 7 AM Timer 15 minutes Nearby Restaurants Directions Boston Common Directions Home Search Web tiger pictures	Message Eric hi, how are you doing? Email Eric Gmail hi, how are you doing? Reminder 3 PM tomorrow feed cat Calendar 12:00 Monday lunch with Adam 6 Degrees Fahrenheit in Celsius Thank you in French		
Call Eric cell	78		

Here are example commands written out that follow that syntax. The simpler ones are on the left – they're the ones to start with. The more complicated ones are on the right – they are a little more fragile both in terms of how easy they are to say and how the computer might interpret them.

I tell people to practice using these commands with this wording until it becomes habit, starting with the ones on the right.

There are a couple of tricky things about messaging and email.

If you have existing message threads and you say a first name from one of them and there's no ambiguity, it will assume you're adding to an existing thread and it will say the last name of that person.

So since I already have a thread going with my husband Eric and I don't have threads going with other Eric's I can message Eric using just his first name:

For instance, Message Eric hi, how are you doing?

About email – if you have multiple addresses for a name Siri will prompt you to choose the right name. For someone you email a lot you can save a step by adding that address as a separate contact entry. I have Eric in as Eric Gmail.

#### Email Eric Gmail hi, how are you doing?

Slide 79

# Mobile Speech button on the keyboard What's Apple waiting for? Agent Agent strategies The command-and-control gap on mobile

We're up to the mobile gap – the big chunk that still missing on mobile.

Slide 80



The speech button on the keyboard and Siri enable you to do a lot of things with speech on mobile, but there's a big chunk missing. There's no command-and-control by speech. You can't turn a page or hit a button once you've launched an app.

Command-and-control has historically been the tricky part on the desktop. I'm hoping command-andcontrol by speech input will eventually be implemented on smart phones at the platform level, and that the developers will provide efficient defaults but also allow users to adjust, save and share commands so speech input can evolve. It's how language works.



Questions?

I was expecting someone to ask about Dragon Anywhere. It's a recent Nuance product that allows you to use command-and-control but just in a Dragon writing app on the iPhone.

I don't use it for a couple of reasons. It only works in one app. It's like having a keyboard that only works in one program. I use Editorial and Scrivener for writing on my iPhone. I want to use speech in these programs. Second, it's an expensive iPhone app – \$15 a month, which works out to \$180 a year. That's a showstopper for many people.

Again, full speech input for smart phones needs to be implemented at the platform level – as part of the operating system – so you have a consistent interface and users can have consistent commands across phone apps.

Slide 83

# Mozilla Deep Speech

One more piece of news this year. Mozilla is working on an open-source speech engine. This is definitely something to watch.

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Questions?

Slide 85



Here's one more Mouse tool. It's part of VC Lite. These are overlays that you can put numbers on yourself. It takes some set up, and I think there's still some work to do to make this easier to use, but it's a really useful tool, especially if you need to be totally hands-free.

#### Window close

Notepad Open Overlay Open

Add Tag Add Tag Add Tag Delete Tag Add Tag 1 3 2

You can put an overlay on any program. The overlay stays. Notepad Close Overlay Open (You can add multiple overlays, they are automatically numbered.

Add Overlay Add Tag

Show Overlay 1 Show Overlay 2 Add Tag Row Delete Overlay Delete Overlay)

#### Window Close

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# **Parting Thoughts**

- Enable efficient input, and people will have better experiences, be more productive, and be more likely to use your software or site again
- If you're not a developer, speak up tell developers what users need. Feel free to use the list of complaint/request addresses at <u>www.patchontech.com</u>

Some parting thoughts:

Make input efficient and people will have a better experience.

They'll be more productive, and they'll be more likely to use the software again or come back to a website.

If you're not a developer, speak up - tell developers what users need.

Feel free to use the list of complaint/request addresses at www.patchontech.com

This talk will also be posted there.

That URL is on my cards.

Kim Patch 5/16/18 kim@scriven.com PatchonTech.com @PatchonTech